

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30 AM	Fight Team Invite Only	Fight Team Invite Only	Fight Team Invite Only	Fight Team Invite Only	Fight Team Invite Only	
	Personal Training	Personal Training	Personal Training	Personal Training	Personal Training	Personal Training
						Womens Muay Thai (10:30 - 11:30AM)
						Muay Thai (Entry Level) (12:30 - 1:30PM)
						Muay Thai (Level 1,2,3) (1:30 - 2:30PM)
4:30 PM		Kids Muay Thai		Kids Muay Thai		
5:30 PM	Muay Thai (Level 1,2,3)	Muay Thai Entry Level	Muay Thai (Level 1,2,3)	Muay Thai Entry Level	Muay Thai (Level 1,2,3)	
6:30 PM	Muay Thai Entry Level	Muay Thai (Level 1,2,3)	Muay Thai Entry Level	Muay Thai (Level 1,2,3)	Muay Thai Entry Level	
	KHANOMTOM FIGHT TEAM TRAINING: 6:00PM - 7:30PM Monday - Friday					